



**5 Golden Rings - Results**  
**Staples High School - Westport, CT 06880**  
**Saturday, December 22, 2001 - SCM**

<b>Woman</b>		<b>19-24</b>	
<b>Name</b>	<b>Age</b>	<b>Time</b>	
<b>50 Breast</b>			
Julie Usdavin	20	41.82	
<b>50 Fly</b>			
JoAnne Usdavin	20	37.73	
<b>100 IM</b>			
JoAnne Usdavin	20	1:24.37	
Julie Usdavin	20	1:24.51	
<b>Woman</b>		<b>35-39</b>	
<b>50 Back</b>			
Marcia Cleveland	37	36.94	
<b>50 Breast</b>			
Cheryl Barany	37	41.22	
<b>100 Back</b>			
Marcia Cleveland	37	1:19.53	
<b>100 Fly</b>			
Cheryl Barany	37	1:16.70	
<b>200 Breast</b>			
Jill Looney	35	3:12.35	
<b>200 IM</b>			
Cheryl Barany	37	2:46.96	
<b>400 Free</b>			
Marcia Cleveland	37	5:09.50	
<b>Woman</b>		<b>55-59</b>	
<b>100 Fly</b>			
Ann Louise Onton	58	1:53.30	
<b>200 Fly</b>			
Ann Louise Onton	58	4:06.57	
<b>400 IM</b>			
Ann Louise Onton	58	8:23.34	

<b>Men</b>		<b>25-29</b>	
<b>Name</b>	<b>Age</b>	<b>Time</b>	
<b>50 Free</b>			
Josh Usdavin	25	27.30	
<b>100 Free</b>			
Josh Usdavin	25	1:00.32	
<b>100 Fly</b>			
Jim Liguori	26	1:19.88	
<b>200 IM</b>			
Josh Usdavin	25	2:33.40	
Jim Liguori	26	2:55.73	
<b>400 Free</b>			
Jim Liguori	26	5:38.56	
<b>Men</b>		<b>30-34</b>	
<b>50 Free</b>			
Jeff Schare	32	27.61	
<b>50 Fly</b>			
Jeff Schare	32	29.64	
<b>100 Fly</b>			
Jeff Schare	32	1:06.99	
<b>400 Free</b>			
Jeff Barany	33	5:43.91	
<b>Men</b>		<b>35-39</b>	
<b>50 Free</b>			
Andy Davis	39	27.55	
<b>100 Free</b>			
Andy Davis	39	1:03.90	
<b>200 Free</b>			
Andy Davis	39	2:18.15	
<b>200 Fly</b>			
Steven Newman	39	2:26.32	
<b>Men</b>		<b>40-44</b>	
<b>50 Fly</b>			
Al Winslow	41	32.72	
<b>400 Free</b>			
Al Winslow	41	5:44.55	



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<b>Men 45-49</b>		
<b>50 Fly</b>		
John Craig	47	29.54
<b>100 Back</b>		
John Craig	47	1:10.40
Robert Heiss	48	1:26.82
<b>100 Fly</b>		
John Craig	47	1:02.65
Robert Heiss	48	1:28.43
<b>Men 50-54</b>		
<b>50 Free</b>		
Rick Fulljames	50	33.50
<b>50 Fly</b>		
Bob Cahill	54	35.17
<b>100 Back</b>		
Bob Cahill	54	1:28.00
<b>100 Breast</b>		
Rick Fulljames	50	1:27.25
<b>200 IM</b>		
Rick Fulljames	50	3:09.68
<b>400 IM</b>		
Bob Cahill	54	6:34.37
<b>Men 55-59</b>		
<b>50 Fly</b>		
Norman Smith	57	43.15
<b>100 Back</b>		
Norman Smith	57	1:52.62
<b>200 Back</b>		
Norman Smith	57	3:36.56
<b>Men 60-64</b>		
<b>50 Back</b>		
Ray Thornberg	62	49.34
<b>50 Breast</b>		
Ray Thornberg	62	55.44
<b>50 Fly</b>		
Ray Thornberg	62	52.08

<b>Men 60-64 - Continued</b>		
<b>200 Fly</b>		
Mike Laux	60	3:12.30
<b>200 IM</b>		
Mike Laux	60	2:55.90
<b>Men 65-69</b>		
<b>50 Free</b>		
Bruce Bernstein	65	42.85
<b>100 Free</b>		
Bruce Bernstein	65	1:31.21
<b>200 Free</b>		
Bruce Bernstein	65	3:17.05
<b>Men 70-74</b>		
<b>50 Free</b>		
Arthur Figur	70	43.82
<b>50 Back</b>		
Arthur Figur	70	56.06
<b>100 Free</b>		
Julian Niemetz	70	1:27.19
Len Goldstone	72	1:27.58
<b>100 Breast</b>		
Len Goldstone	72	1:45.24
Julian Niemetz	70	1:47.54
<b>100 IM</b>		
Len Goldstone	72	1:40.68
Arthur Figur	70	1:52.62

<b>200 Men's Medley Relay (200+)</b>		
Norman Smith	57	
Rick Fulljames	50	
Bob Cahill	54	
Ray Thornberg	62	
		<b>2:37.58</b>

<b>200 Men's Medley Relay (240+)</b>		
Arthur Figur	70	
Julian Niemetz	70	
Bruce Bernstein	65	
Bob Hiess	48	
		<b>3:03.37</b>